



奧斯游泳學院

Osea Aquatics Academy

本學院為翠怡花園及海欣花園指定協辦泳班機構

Progressive Swimming Class For Pre-Schoolers Jelly Fish 幼兒學前進階計劃 - 水母章			
Elementary (初級班)	This level emphasizes the student becoming comfortable in and under water, safety, awareness in swimming pool and the basic skill of floatation and propulsion. More basic skills concerning about floatation and kicking without assistance. (本級可使學員熟習水中活動環境，掌握泳池的安全意識及簡單浮身推進的技巧，學員亦會學習在不用協助的情況下進行浮身踢腳。)	3-5 yrs (歲)	\$ 130 / Lesson (55 mins)
Intermediate (中級班)	Further instruction will be provided on the basics of propulsion and back floating. Student will learn the flutter kick and are movement of front crawl facing in the water without assistance. Without assistance, the student will complete a front crawl with breathing of 5 meters and backstroke kicking of 2 meters. (主要改善學員的浮身，開始掌握背泳浮身；學員可在不用協助下進行捷泳手腳配合，學員可以捷泳呼吸游畢 5 米及背泳踢腳 2 米。)	3-5 yrs (歲)	\$ 130 / Lesson (55 mins)
Progressive Swimming Class For Children & Youth Sea Lion 兒童及青少年進階計劃 - 海獅星章			
Elementary (初級班)	Students can learn basic skills and perform front crawl fronting. The back and front float is a prerequisite for this level. Students have to develop breath control and propulsive kick skills, 15 meters of front crawl and 10 meters of backstroke have the committed. (主要教授學員了解水的特性及基本技巧，課程完結後，學員可獨立示範俯浮滑翔，並可游畢捷泳 15 米及背泳 10 米。)	6-15 yrs (歲)	\$ 130 / Lesson (55 mins)
Intermediate (中級班)	To advance the skills of front crawl and backstroke, and students will learn the breaststroke kick at the same time. Students have to complete 200 meters of front crawl and 100 meters backstroke and performs 25 meters of breaststroke. (以改善捷泳及背泳技巧，同時教授蛙泳腳。課程結束後，學員完成課程後需要完成捷泳 200 米，背泳 100 米及蛙泳 25 米。)	6-15 yrs (歲)	\$ 130 / Lesson (55 mins)

2017 年行常游泳訓練課程~ 9 至 10 月份

Regular Swimming Course May to June 2017

青衣西南游泳池

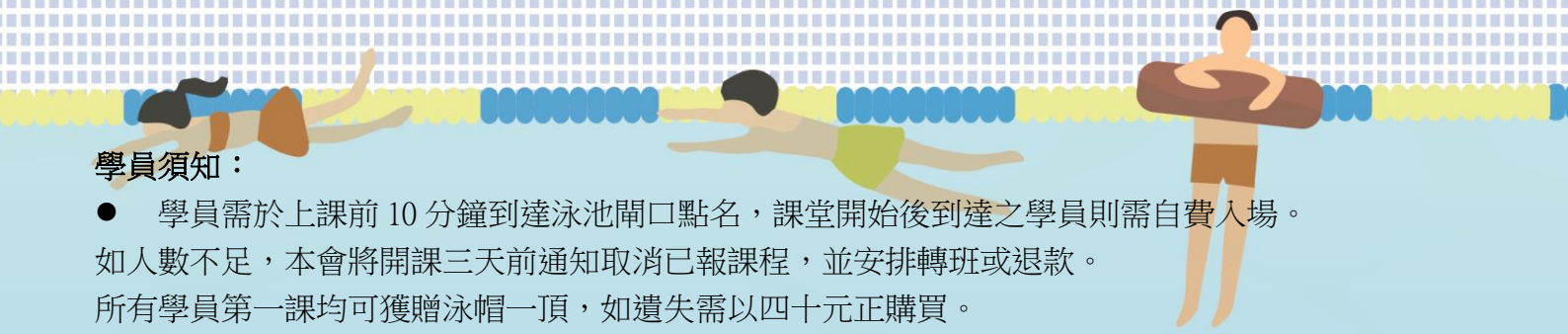
Tsing Yi Southwest Swimming Pool

課程 Course	班別 Class	日期 Date	堂數 No. of Lessons	時間 Time	年齡 Age	名額 Capacity	收費 Fee
幼兒學前班 Pre-School	TYP09101	逢星期五(Fri) 1,8,15,22,29/9 6,13,20,27/10	9	16:00-17:00	3-5	4	\$1170
	TYP09102	逢星期六(Sat) 2,9,16,23,30/9 7,14,21/10	8	11:00-12:00	3-5	4	\$1040
兒童初班 Children Elementary	TYC09101	逢星期五(Fri) 1,8,15,22,29/9 6,13,20,27/10	9	17:00-18:00	6-15	4	\$1170
	TYC09102	逢星期六(Sat) 2,9,16,23,30/9 7,14,21/10	8	10:00-11:00	6-15	4	\$1040
兒童中班 Children Intermediate	TYC09103	逢星期六(Sat) 2,9,16,23,30/9 7,14,21/10	8	9:00-10:00	6-15	4	\$1170

*本會堅持小班教學，幼兒學前/兒童初/中班每班 3 人開班，最多 4 人。

*9-10 月課程報名截止日期: 25-8-2017

歡迎到 <http://www.osea.com.hk/> 參考，或致電奧斯游泳學院 3622 2298 查詢報名，先到先得，額滿即止。



學員須知：

- 學員需於上課前 10 分鐘到達泳池閘口點名，課堂開始後到達之學員則需自費入場。如人數不足，本會將開課三天前通知取消已報課程，並安排轉班或退款。
- 所有學員第一課均可獲贈泳帽一頂，如遺失需以四十元正購買。
- 學員需自備浮板，浮身書包，水袖，首次參加者可以以優惠價\$69 在本會購買原價\$180 課程用具一套 (浮板，浮身書包，水袖)
- 泳班舉行兩小時前懸掛八號風球或黑色暴雨訊號，泳班將會取消。

報名方法：

填妥背面表，以支票或銀行入數

以支票付款：

- 支票抬頭：O-Sea Sports Management Ltd.
- 填妥背面表格後連同支票於 25/8/2017 前郵寄至 P.O.Box 62493, Kwun Tong Post Office, Kwun Tong

以銀行入數付款：

- 銀行轉帳：中國銀行 012-601-000-32360 (O-Sea Sports Management Ltd)
於收據(入數紙)上寫上學生姓名，聯絡電話及所報的課程編號，Whatsapp 至 6979 1396。
(學員應保留收據直至課程完結)。
- 填妥背面表格於開班前 5 個工作天前 Email 至 info@osea.com.hk，表格正本於第一堂交與職員作紀錄。

補課或調堂安排：

- 4 堂課程者，可申請 1 堂(包括病假)調/補堂安排；8 堂課程者，則可申請 2 堂(包括病假)調/補堂安排，**但調/補堂安排必須於該月內完成**。(如需額外補堂，每堂手續費港元二百元正)
- 事假必須於一星期前向本會職員申請，否則不會獲安排補課，補課時間將由教練安排。
- 因病請假，過後必須提交醫生紙(正本)，否則不會獲安排補課，補課時間將由教練安排。
- 已安排之補堂，不能更改時間，缺席當自動棄權論。

保險：

- 本學院提供保額為 HK\$30,000,000 公眾責任保

奧斯游泳學院 2017 年泳班報名表格 (葵青區)

A. Applicant Particulars 學員資料

Name 姓名 (中文)	(Eng)
D.O.B (YY) (MM) (DD)	Age 年齡:
Sex 性別:	M / F
Email 電郵:	
Mailing Address 住址:	
Name of School 就讀學校名稱:	
Phone 聯絡電話:	Mobile 手提電話

B. Classes Selection 報名班別: (請填下所需資料)

Course Code 課程編號	Course Name 課程名稱	Date & Time 日期&時間	Fee 學費

C. Payment Method 繳費方法

以支票付款: 抬頭: O-SEA Sports Management Ltd

支票號碼: _____ 支票銀碼: _____

以銀行入數付款

銀行轉帳: 中國銀行 012-601-000-32360 (O-Sea Sports Management Ltd)

於收據(入數紙)上寫上學生姓名, 聯絡電話及所報的課程編號, Whatsapp 至 69791396。

D. Declaration 聲明:

I hereby confirm, acknowledge and understand that all information relating to my child(ren), including but not limited to his/her/their videos, photographs, images and/or pictures may be used by OSEA for all future marketing material, including, but not limited to print advertisements, television advertisements, website or internet related advertisements of whatsoever nature, and further confirm and acknowledge that neither my child(ren) nor myself nor my spouse nor guardian shall be entitled to any proceeds whatsoever derived therefrom or to any interest therein. The information provided in the enrolment form by the applicants is true and correct and the applicants are eligible for the training according to the rules set by the Organizer. I understand that if false information is provided, we will be immediately disqualified with all the results cancelled. Enrolment fee will not be refunded. The applicants agree to comply with all the rules set by the Organizer. The applicant is healthy and physically fit to participate in the above competition. OSEA shall not be liable for any injuries or death which the applicant may sustain in the training due to their own negligence, ill health or poor physical condition. If there is any inadequacy in this prospectus, OSEA reserves the right for appropriate amendments.

Applicant Name

申請人姓名

Signature

簽署

Date

日期

Name of the Parent

家長姓名

Signature of the Parent

家長簽署

Official Use:

Receive Date: _____ Handling Person: _____ Confirm Contact: _____

歡迎到 <http://www.osea.com.hk/> 參考, 或致電奧斯游泳學院 3622 2298 查詢報名, 先到先得, 額滿即止。